

# Hearts of CHANGE

WHERE THE HOPE FOUND IN JESUS CHANGES HEARTS AND LIVES



## Ministry Handbook & House Rules

Established in 2009 as a ministry of New Hope Bible Church

*Therefore you shall do my statutes and keep my rules and perform them, and then you will dwell in the land securely.*

**Leviticus 25:18**

## **Welcome to Hearts of Change!**

*I pray that God, the source of hope, will fill you completely with joy and peace because you trust in him. Then you will overflow with confident hope through the power of the Holy Spirit. **Romans 15:13***

Hearts of Change was established with a hope and desire to help women, such as yourself to find freedom from sinful habits that have defined your life.

We believe that God is our refuge and strength. He is Lord of our lives. It is through His wisdom, His love, and His way that hearts and lives are changed.

Your part in this journey would be to take that step of faith, and leave behind that which has a hold on your life. Make a commitment to move forward into a life of freedom that honors and glorifies God.

Thank you for your interest in Hearts of Change. We look forward to serving God in this opportunity of love and service to you.

---

**Hearts of Change Director:** Julie McKay

**Hearts of Change Board Members:**

Pastor George Lawson

Pastor Dan Prue Jr.

Noni Moore

---

### **Rules You Must Follow:**

1. Participate in New Hope Bible studies (II Tim. 3:16-17)
2. Attend church and church activities (Hebrews 10:25)
3. Be open to personal Biblical counsel (Psalm 37:30)
4. Pay \$300 a month if you are on assistance or working
5. When preparing your meals please clean up afterwards
6. Be a part of the general housekeeping
7. Keep bedrooms neat and clean
8. Make appointments for afternoons, if possible. Use RCT, family, or volunteers for rides.
9. Personal vehicle must be legal

*The one who plants and the one who waters work together with the same purpose. And both will be rewarded for their own hard work. For we are both God's workers. And you are God's field. You are God's building.*

**I Corinthians 3:8-9**

## The "Must-Not" Rules

1. Have medications on your person - they must be kept and distributed by Julie or a volunteer
2. Be on prescribed controlled substances or opioids - the only exception is enrollment in the BAART program with no take homes
3. Use the house phone or get the mail unless permission has been given
4. Have random visits or visitors upstairs
5. Smoke in the house or have any drugs or alcoholic drink on the property
6. Use or take another's personal property
7. Be out of the house except for appointments, work, family visits, church, or house functions
8. Be out past 8:00 PM unless for a planned event or evening

## Weekly Schedule

<b>A Week at Hearts of Change</b>							
<b>Time</b>	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
7:00 AM		Walk	Walk	Walk	Walk	Walk	
8:00 AM	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast	Breakfast
9:00 AM	Church	House Study/ Devotions	House Study/ Devotions	House Study/ Devotions	House Study/ Devotions	Open Shepherds Care	Open Shepherds Care/Moms Group
12:00 PM	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch	Lunch
1:00 PM	Afternoon of Rest	Personal Study	Personal Study	Personal Study	TSC Up Keep Folding & Hanging	TSC Up Keep Folding & Hanging	TSC Up Keep Folding & Hanging
	Free Time/ Visits	House Keeping/ Appointments	House Keeping/ Appointments	House Keeping/ Appointments	House Keeping/ Appointments	(4:00PM) Close TSC	Visits/ (4:00PM) Close TSC
5:00 PM	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner	Dinner
	Free Time	Ladies Discipleship	Church Bible Study	Youth Clubs	Teen Club	Free Time	Free Time
10:00 PM	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out
<b>"Look carefully then how you walk, not as unwise but as wise, making the best use of the time, because the days are evil." Ephesians 5:15-16</b>							
Use gaps in time for Showers, Laundry, Personal Devotion Time, Studying, Reading, Writing Letters, or Resting. Try to make appointments for the Afternoon. Evening Free Time will at times include Bible Studies or Church Events.							